

Elizabeth Lee Black Gluten Free/Dairy/Egg Free Lunch Menu

May 2023



<p><u>1.</u></p> <p>Lunch BBQ Grilled Chicken w/ rice Steamed Carrots Assorted Fruit Milk</p>	<p><u>2.</u></p> <p>Lunch Sloppy Joe Meat w/ rice Steamed Broccoli Assorted Fruit Milk</p>	<p><u>3.</u></p> <p>Lunch Grilled Chicken w/ pasta Baked Beans Assorted Fruit Milk</p>	<p><u>4.</u></p> <p>Lunch BBQ pork w/ rice Steamed Peas Assorted Fruit Milk</p>	<p><u>5.</u></p> <p>Lunch Beef Nachos w/ tortilla chips Steamed Mixed Vegetables Assorted Fruit Assorted Jello Milk</p>
<p><u>8.</u></p> <p>Lunch Juicy Hamburger w/ rice Steamed Corn Assorted Fruit Milk</p>	<p><u>9.</u></p> <p>Lunch Gluten Free Pasta w/ Meatsauce Steamed Green Beans Assorted Fruit Milk</p>	<p><u>10.</u></p> <p>Lunch Beef Nachos w/ tortilla chips Homestyle Refried Beans Assorted Fruit Milk</p>	<p><u>11.</u></p> <p>Lunch Grilled Chicken w/ pasta Steamed Carrots Assorted Fruit Milk</p>	<p><u>12.</u></p> <p>Lunch Beef Tacos on Hard Taco Shell Steamed Cauliflower Assorted Fruit Assorted Jello Milk</p>
<p><u>15.</u></p> <p>Lunch BBQ Grilled Chicken w/ rice Vegetarian Beans Assorted Fruit Milk</p>	<p><u>16.</u></p> <p>Lunch Sweet & Sour Diced Chicken w/ Rice Steamed Golden Corn Assorted Fruit Milk</p>	<p><u>17.</u></p> <p>Lunch Grilled Chicken w/ rice Steamed Green Beans Assorted Fruit Milk</p>	<p><u>18.</u></p> <p>Lunch Gluten Free Pasta and Meatsauce Steamed Broccoli Assorted Fruit Milk</p>	<p><u>19.</u></p> <p>Lunch BBQ Pork w/ rice Steamed Cauliflower Assorted Fruit Assorted Jello Milk</p>
<p><u>22.</u></p> <p>Lunch Beef Nachos w/ Gluten Free Sliced Bread Assorted Fruit Milk</p>	<p><u>23.</u></p> <p>Lunch BBQ Grilled Chicken w/ rice Steamed Cauliflower Assorted Fruit Milk</p>	<p><u>24.</u></p> <p>Lunch Juicy Hamburger on Gluten Free Bun Steamed Broccoli Assorted Fruit Milk</p>	<p><u>25.</u></p> <p>Lunch Grilled chicken w/ pasta Oven Roasted Carrots Assorted Fruit Milk</p>	<p><u>26.</u></p> <p>Lunch Beef Tacos on Hard Shell Steamed Peas Assorted Fruit Assorted Jello Milk</p>
<p><u>29.</u></p> <p>NO SCHOOL</p>	<p><u>30.</u></p> <p>Lunch BBQ Pork w/ rice Steamed Corn Assorted Fruit Milk</p>	<p><u>31.</u></p> <p>Lunch Gluten Free Pasta w/ Meatsauce Steamed Broccoli Assorted Fruit Milk</p>		

In order to qualify for a reimbursable lunch this meal must include the following components:
Meat/Meat Alternate, Fruit, Vegetable, Grains, Milk.

Daily alternate menu options 9th-12th: Wow Butter & Jelly Sandwich w/ Cheesestick

Lunch Milk Choices Daily:

Fat Free Chocolate or 1% White

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